

ANAPHYLAXIS

Always remember to call 000 in case of an emergency

USE AN EPIPEN

(Epinephrine autoinjector)

Variations of the EpiPen:

- EpiPen (Recommended for adults & children over 20kg*)
- EpiPen Jr (Recommended for children 10-20kg*)

Use an EpiPen:

- Remove the EpiPen from the packaging if not already so
- Grasp the EpiPen around the middle in a fist
- Pull the grey cap off the pen
- Place against the outer mid-thigh
- Push HARD until a click is felt or heard and hold for 10 seconds
- Remove and avoid touching the needle. Massage site for 10 seconds
- It is recommended for you to seek medical attention right away

USE AN ANAPEN

(Epinephrine autoinjector)

Variations of the AnaPen:

- AnaPen (Recommended for adults & children over 20kg*)
- AnaPen Jr (Recommended for children 10-20kg*)

Use an AnaPen:

- Remove the AnaPen from the packaging if not already so
- Remove the black needle cap, careful not to touch needle
- Remove the grey safety cap from the red firing button
- Place the needle end against outer mid-thigh (Through clothing or on bare skin)
- Press the red button so that it clicks & hold for 10 seconds (This will allow the full dose to be injected) then remove
- It is recommended for you to seek medical attention right away

THE SIGNS & SYMPTOMS

(If unsure at any time call 000)

Anaphylaxis is a severe allergic reaction that is a medical emergency and life threatening. Triggers include the following: nuts, shellfish medication and some herbal products

- Swelling of the face
- Red Skin or a Rash
- A Rapid pulse
- Difficult, noisy breathing
- Swelling of the tongue
- Swelling, tightness in throat
- Wheeze or persistent cough
- Loss of consciousness
- Pale or floppy

MORE INFORMATION

*These guides are based on expert opinion which is at variance with the approved product information. For more information on Anaphylaxis please visit http://www.allergy.org.au/anaphylaxis/epipen_guidelines.htm