

BURN VICTIMS

Always remember to call 000 in case of an emergency

IF EVER IN DOUBT CALL TRIPLE ZERO (000)

REMEMBER TO REMAIN CALM AND STATE CLEARLY THE EMERGENCY

The steps below are a simple guide to temporarily treating a burns victim, learn to quickly assess the degree of the burn and act accordingly! Let paramedics know immediately if the situation is critical!

STEP 1

EVALUATE THE RISK

- Make sure that everyone in the immediate area is not at risk of injury
- Never do something to potentially make yourself a casualty (Enter a burning building, Car etc.)
- Help remove the injured from any immediate danger
- If possible, extinguish the fire with water (If an electrical fire NEVER use water, use sand if at all possible)

STEP 2

CALLING 000

- Call Triple Zero (000)
- Give the operator clear and concise information about your location, number of injured and suspected severity of the injuries (focus on the critical first)
- Leave a contact number with the operator in case emergency services need to contact you
- Keep your phone within reach on loud, you don't want to miss a call!

STEP 3

TEMPORARILY TREAT BURN

- While waiting for an ambulance provide temporary pain relief as it is needed
- Remove all jewellery such as rings or watches (Don't force if it causes too much pain)
- Remove clothing that is around burned areas
- Run water over the burns to relieve pain until paramedics arrive